



2010



Be Well Homeopathic and Richard Clement Nutrition



Be Well Homeopathics
and Richard Clement
Nutrition

11459 NW 34 street

Doral Fl 33178

305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomeo@cs.com

www.web-outpatients.com

Be Well Homeopathics was founded by Richard T. Clement MD in 2000.

Dr. Clement has been practicing Medicine for twenty years.
 He has practiced in Europe, The West Indies, The Pacific and America.
 He has managed the Medical department of a major Homeopathic company, Heel Inc.
 He formulated Homeopathic for Heel and Arkopharma
 During his employment he learned about clinical studies, regulatory and manufacturing issues.
 He is a member of the HPCUS and has consulted for N.I.H. on CAM
 He currently teaches Homeopathy and Pharmacology at the ATOM (Acupuncture) school of Fort
 at the Lauderdale
 He formulates Homeopathics and Nutritional Products.
 He has lectured worldwide and written many articles on Homeopathy and Complementary
 Medicine
 He has written two correspondence courses in Homeopathy and Homotoxicology.
 He is also a reviewer of 510 K for the FDA in the field of Medical Device and is a partner of LD
 Technology www.ldteck.com.

“Be Well Homeopathic formulas are scientifically formulated with respect for the homeopathic tradition, they are based on my personal clinical experience and the one of my colleagues, Be Well Homeopathics has improved existing formulas and allow the practitioner to obtain excellent clinical outcomes”.

“Be Well Homeopathic formulas cover the majority of indications, two of the formulas Flu Terminator and Phase 6 were studied at Miami Children Hospital and the research published in a peer-review journal”

“It was the first time in the USA that the mechanism of action of homeopathy was demonstrated at the cellular level”

THE JOURNAL OF ALTERNATIVE AND COMPLEMENTARY MEDICINE

Volume 13, Number 4, 2007, pp. 403–407

© Mary Ann Liebert, Inc.

DOI: 10.1089/acm.2007.6292

**Investigation of Cytokine Expression in Human
 Leukocyte Cultures with Two Immune-Modulatory
 Homeopathic Preparations**

Be Well Homeopathics and Richard Clement Nutrition

11459 NW 34 street Doral Fl 33178 305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomeo@cs.com

www.web-outpatients.com

Health Maintenance can no longer be practiced without managing optimum nutrition.

Balance diet is difficult to achieve because of the lack of good quality food at affordable price.

Medicine understand the need of supplementation:

Vit C in scurvy, B vitamins in Beri Beri, Iron in iron deficient anemia, Folic Acid in Pregnancy.

Nutrition is a growing field and there was a need to develop a small number of essential nutritional supplements to assist my patients, friends and clients.

The formulas have been designed to deal with the most common nutritional needs:

- Health and maintenance of joints
- Liver Detox
- Clean Fruits and Vegetables
- Fish Oil
- Cancer Prevention
- Immune Support
- Sleep Disorders

The products are manufactured in FDA visited facilities and the ingredients are carefully selected for quality, we also consider the economic impacts of Health and our products have a very small profit margin.

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

1 1 4 5 9 N W 3 4 s t r e e t D o r a l F l 3 3 1 7 8 3 0 5 - 5 9 4 - 2 1 4 5

F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

bevellhomeo@cs.com

www.web-outpatients.com

HOMEOPATHY



Allergy Drops
Arnica Plus Drops
Arnica Well Gel
Arnica Well Gel
Atopia Drops
Flu Terminator Drops
Flu Terminator Oral Spray
Flu terminator Tablets
Hyper Oral Spray
Hypertonia Drops
Libido Feminine Oral Drops
Libido Masculine Oral Drops
Lungs Oral Drops
Menopause Oral Drops
Phase 6 Oral Drops
Reduce Oral Drops
Repress Oral Spray
Sea Sik Oral Spray
Sinus Nasal Spray
Stress Drops

Be Well Homeopathics and Richard Clement Nutrition

11459 NW 34 street Doral Fl 33178 305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomeo@cs.com

www.web-outpatients.com

NUTRITION



**Arthrocllem
Co Q10
Hepatika V5
Hepatika 8 VIP
Mega 100
Minty Greens
Pro-Colos Vanilla
Resveratrol
Trypto Mag B
Vit D 5000 UI**

Be Well Homeopathics and Richard Clement Nutrition

11459 NW 34 street Doral Fl 33178 305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomeo@cs.com

www.web-outpatients.com



FORMULAS: HOMEOPATHY

ALLERGY DROPS

Eye, Nose, Sinus and Lung Allergies

2 OZ /60 ml Drops

Dosage:10 drops sub lingual three times daily

Ingredients

- **Apis mellifica** 2X, 10X, 30X (a dilution of bee)
- **Apisinum** 12X, 15X, 30X (a dilution of bee venom) with strong action on eye allergies
- **Allium cepa** 3X (a dilution of red onion) indicated for runny nose and red eyes with tears and burning of the eyelids
- **Euphrasia** 3X (a dilution of Eyebright) indicated for watery eyes and runny nose
- **Sabadilla** 3X (a dilution of Asagraea officinalis) indicated for hay-fever, runny nose and sneezing
- **Euphorbium** 6X (a dilution of Euphorbia resinifera) for coryza, sinus conditions and spasmodic cough
- **Pulsatilla** 6X (a dilution of wind flower) for itching and burning eyes, coryza, dry cough, lung conditions
- **Histaminum** 6X, 12X (a dilution of Histamine)
- **Lung histamine** 5C (a dilution of Histamine) for allergic predisposition, blocked nose, itching, hay fever and asthma

ARNICA PLUS DROPS

Pain and inflammation

2 OZ /60 ml Drops

Dosage:10 drops sub lingual three times daily

Ingredients

- **Aconitum napellus** 3X Inflammation
- **Arnica montana** 3X Injuries, blow, contusions
- **Chamomilla** 3X Pain
- **Hypericum perforatum** 3X Injuries to nerves
- **Ruta graveolens** 3X Injuries to tendons, sprains, pain, backache
- **Symphytum officinale** 3X Bone pain
- **Belladonna** 4X Inflammation of the vascular system
- **Colocynthis** 4X Neuralgias, strong pain
- **Rhus tox** 6X Neuralgias, arthritis
- **Ferrum phos** 8X Inflammation
- **Magnesium phos** 8X Pain

ARNICAWELL GEL

For the relief of bruises, pain, contusions and inflammation.

50 Gr Tube Aloe Base

Also 300 gr Aloe Base

Dosage:

Apply three times daily on the skin or as needed.

Ingredients:

- **Arnica D3 1.0 gr**
- **Apis Mellifica D3 0.05 gr**
- **Chamomilla 1X 0.20 gr**
- **Calendula MT 0.20**
- **Hamamelis MT 0.30 gr**
- **Symphytum D4 0.1 gr**
- **Bellis Perennis MT 0.1 gr**
- **Hypericum D6 0.09 gr**
- **Millefolium MT 0.9 gr**
- **Belladonna D3 0.05 gr**
- **Magnesia Phos D2 0.1 gr**
- **Ferrum Phos D2 0.1 gr**
- **Ledum Palustre MT 0.5 gr**

ATOPIA DROPS

For the temporary relief of Eczema and Atopia

2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily

or as suggested by a Health professional

Children under 12 1/2 Dose

Ingredients:

- **Niccolum** (Metallic Nickel) : 3X Itching, burning, stinging, biting of the skin
- **Alumina 6X 14X 22X** Intolerable itching
- **Arsenicum Album: 8X 16X 24X** Skin dry and scaly, urticaria
- **Graphites** (Black Lead) 6X14X22X Itching, eczema
- **Viola Tricolor 1X** Dry skin
- **Histaminum 6X 22X** Allergies
- **Petroleum 3X** Chronic eczema
- **Pix Liquida 6X** Irritating eczema
- **Kali Bromatum 4X** Itching, eczema
- **Radium Bromatum 4X** Eczema
- **Natrium Salicylicum 4X** Eczema

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

1 1 4 5 9 N W 3 4 s t r e e t D o r a l F l 3 3 1 7 8 3 0 5 - 5 9 4 - 2 1 4 5

F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

bewellhomeo@cs.com

www.web-outpatients.com

FLU TERMINATOR® DROPS AND ORAL SPRAY

Flu and viral diseases, increase cytokines(1)

2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily

1 OZ/ 30 ml Oral Spray

Dosage: Two sprays several times daily under the tongue until symptoms subside

Ingredients

- **Gelsemium 3X** Influenza, fever, chills
- **Zincum gluconicum 3X** Flu, fever
- **Zincum metallicum 3X** Flu, fever
- **Aconitum napellus 4X** Influenza, fever
- **Eupatorium perfoliatum 4X** Influenza, coryza
- **Sulphur 4X** Fever, cold
- **Phosphorus 5X** Fever, cold, chills
- **Asclepias vincetoxicum 6X** Antiviral
- **Influenzinum 12X** Fever, flu, viral infection
- **Anas Barbariae Hepatis and Cordis Extractum 200K**

FLU TERMINATOR® TABLETS

Flu and viral diseases 100 Tablets

Dosage: Take one tablet several times daily at the onset of the Flu sublingually

Ingredients

- **Gelsemium 3X** Influenza, fever, chills
- **Zincum gluconicum 3X** Flu, fever
- **Zincum metallicum 3X** Flu, fever
- **Aconitum napellus 4X** Influenza, fever
- **Eupatorium perfoliatum 4X** Influenza, coryza
- **Sulphur 4X** Fever, cold
- **Phosphorus 5X** Fever, cold, chills
- **Asclepias vincetoxicum 6X** Antiviral
- **Influenzinum 12X** Fever, flu, viral infection
- **Anas Barbariae Hepatis and Cordis Extractum 200K**

(1) THE JOURNAL OF ALTERNATIVE AND COMPLEMENTARY MEDICINE

Volume 13, Number 4, 2007, pp. 403-407

© Mary Ann Liebert, Inc.

DOI: 10.1089/acm.2007.6292

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

1 1 4 5 9 N W 3 4 s t r e e t D o r a l F l 3 3 1 7 8 3 0 5 - 5 9 4 - 2 1 4 5

F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

bewellhomeo@cs.com

www.web-outpatients.com

HYPERTONIA DROPS

For the adjunct treatment of high blood pressure

2 OZ /60 ml Drops

Dosage: 10 drops sub lingual three times daily

Ingredients

- **Crataegus oxyacantha 6X** (Hawthorn berries) - This is a heart tonic that is used to reduce your blood pressure
- **Cynara scolymus 8X** (Artichoke) - This helps in stimulating your kidneys
- **Plumbum iodatum 12X** - This helps to reduce your Hypertension and Atherosclerosis.
- **Plumbum metallicum 12X** - This helps to reduce your Hypertension and Atherosclerosis.
- **Rauwolfia serpentina 3X** Congestive vascular condition
- **Sulfur 10X** - Stimulates elimination.
- **Baryta Carb 12X** - Degenerative changes - cardiac, vascular and cerebral.
- **Aurum Iodatum 10X** Atherosclerosis
- **Aurum metallicum 10X** Atherosclerosis
- **Viscum album 6X** High blood pressure Palpitations
- **Melilotus Off 1X** Throbbing blood vessels

HYPER ORAL SPRAY

For restlessness, impatience, quick-temper, hyperactivity

1 OZ/30 ml Oral Spray

Dosage: One spray sublingual (under the tongue) three time daily or as often as needed

Ingredients

- **Chamomilla 1X, 30X** Restlessness, impatience, quick-tempered, unkind
- **Cina 3X** Children remedy, irritability of temper
- **Coffea cruda 3X** Irritability, impatience
- **Aethusa cynapium 3X, 11X, 19X, 27X** Restless, anxious, inability to fix the attention
- **Agaricus muscarius 3X, 11X, 19X, 27X** Cerebral excitement
- **Kali Phos 6X** Very nervous, irritable
- **Hyosciamus niger 6X, 14X, 22X, 30X** Disturbances of the nervous system
- **Stramonium 6X, 14X, 22X, 30X** Hyperactivity
- **Tarentula hispanica 8X, 16X, 24X** Extreme restlessness.

Be Well Homeopathics and Richard Clement Nutrition

11459 NW 34 street Doral Fl 33178 305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomo@cs.com

www.web-outpatients.com

LIBIDO FEMININE DROPS

For the relief of feminine low sexual drive sexual satisfaction

2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily

Ingredients:

- **Agnus castus 6X** Sexual melancholy, dislike of sexual intercourse
- **Causticum 6X** Muscular weakness
- **Ignatia amara 6X** Feminine sexual frigidity from grief
- **Helionas 6X** Melancholia, fatigue, irritability
- **Natrum muriaticum 6X** Irritable, ill effects from grief and/or fright,
- **Sepia 8X, 16X, 24X** Irritable, vagina painful, especially during sex
- **Staphysagria 8X** Sexual neurasthenia

LIBIDO MASCULINE DROPS

For the relief of male low sexual drive and/or sexual satisfaction.

2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily

Ingredients:

- **Agnus castus 6X** Diminution of sexual power, impotence
- **Avena sativa 1X** Nervous exhaustion
- **Damiana 1X** Maintain mental and physical capacity, aphrodisiac
- **Lycopodium 3X, 6X, 200X** Weakness, absence of erections
- **Phosphoric Acid 3X** Weakness, exhaustion after coition
- **Picricum Acidum 6X** Great weakness
- **Selenium 8X** Feeble erection, too prompt emission
- **Zincum phosphoratum 8X** Impotence
- **Conium 6X** Erections imperfect and too short

Be Well Homeopathics and Richard Clement Nutrition

11459 NW 34 street Doral Fl 33178 305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomo@cs.com

www.web-outpatients.com

LUNGS DROPS

Cough, Dyspnea, Asthma

2 OZ /60 ml Drops

Dosage: 10 drops sub lingual three times daily

Ingredients:

- **Belladonna** 4X Inflammation, cough.
- **Ipecacuanha** 4X Dyspnea, cough, whooping cough
- **Lobelia inflata** 4X Dyspnea, asthma, senile emphysema
- **Quebracho** 5X Dyspnea, cough
- **Antimonium tartaricum** 6X Cough and dyspnea
- **Blatta orientalis** 6X Asthma associated with bronchitis
- **Naphthalinum** 6X Asthma
- **Natrum sulfuricum** 6X Dyspnea during damp weather, cough with expectoration.
- **Pulsatilla** 6X Dry cough, short breath
- **Rumex Crispus** 6X Cough.
- **Mercurius solubilis** 8X Anti-infectious properties, cough with expectoration
- **Adrenalinum** 5C Asthma

MENOPAUSE DROPS

For the relief of hot flushes, sweating, fatigue, irritability during pre-menopause and menopause

2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily

Ingredients:

- **Calcarea carbonica** 6X Palpitation, night sweats
- **Sanguinaria** 6X Climacteric (menopause) disorders
- **Amyl nitrosum** 8X Climacteric (menopause) headaches and hot flushes
- **Causticum** 8X Fatigue
- **Manganum aceticum** 8X Hot flushes
- **Sepia** 12X Fatigue, hot flushes
- **Theridion** 30X Menopause
- **Oophorinum** 9C Menopause, ovarian dysfunction

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

1 1 4 5 9 N W 3 4 s t r e e t D o r a l F l 3 3 1 7 8 3 0 5 - 5 9 4 - 2 1 4 5

F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

bewellhomeo@cs.com

www.web-outpatients.com

PHASE 6

For the stimulation of the non specific defense system according to Homeopathy and Homotoxicology, increase cytokines(1)

4 OZ /120 ml

Dosage: 10 drops sub lingual three to six times daily

Ingredients:

- **Taraxacum Off** 1X Exhaustion
- **Galium Aparine** 1X 3X Dedifferentiation phase (skin)
- **Thuja** 3X Induration, tumors
- **Aloe** 3X 6X 12X 30X Dysbiosis, digestive symptoms
- **Phytolacca** 3X11X19X27X Swollen lymph nodes
- **Euphorbium Officinarum** 6X Antiviral
- **Zincum Metallicum** 6X Exhaustion
- **Arsenicum Album** 6X14X22X30X Exhaustion
- **Viscum Album** 8X16X24X Immuno-stimulation
- **Conium Maculatum** 30X Tumors
- Histaminum Hydrochloricum 200X Immuno modulator
- Formicum Acidum 200X Immuno modulator according to Homeopathy

(2) THE JOURNAL OF ALTERNATIVE AND COMPLEMENTARY MEDICINE
 Volume 13, Number 4, 2007, pp. 403–407
 © Mary Ann Liebert, Inc.
 DOI: 10.1089/acm.2007.6292

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

1 1 4 5 9 N W 3 4 s t r e e t D o r a l F l 3 3 1 7 8 3 0 5 - 5 9 4 - 2 1 4 5

F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

bevellhomeo@cs.com

www.web-outpatients.com

REDUCE

For weight management according to Homeopathy. Be Well Reduce diminish cravings and stimulates natural elimination

2 OZ /60 ml

Dosage 10 drops sub lingual three times daily before meals

Ingredients:

- **Fucus vesiculosus 1X**
- **Phytolacca 2X**
- **Calcarea Sulf 3X**
- **Solidago 3X** Stimulation of elimination by the kidneys
- **Thuja occidentalis 3X** Hydrogenoid constitution
- **Antimonium crudum 3X, 11X, 19X**
- **Staphysagria 3X, 11X, 19X**
- **Carbo Veg 5X** Imperfect oxygenation of the tissues
- **Calcarea Carb 10X, 30X, 200X**
- **Graphites 10X, 30X, 200X** Overweight
- **Sulphur 10X, 30X, 200X** Excessive appetite, chronic overweight.

NO EPHEDRINE

NO CAFFEINE

NO SIDE-EFFECTS

Be Well Homeopathics and Richard Clement Nutrition

11459 NW 34 street Doral Fl 33178 305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomeo@cs.com

www.web-outpatients.com

SEA-SIK

For the temporary relief of sea and motion sickness, nausea, dizziness.
1 OZ/30 ml Oral Spray

Dosage Spray under the tongue several time daily according to symptoms

Ingredients:

- **Bryonia 8X** Anxiety, giddiness, vertigo
- **Nux vomica 3X, 10X, 30X** Heartburn, nausea, vomiting
- **Tabacum 4X** Headache with nausea and vertigo
- **Conium maculatum 5X** Vertigo, nausea, vomiting
- **Cocculus indicus 6X** Vomiting, vertigo
- **Petroleum 8X** Nausea, heartburn, vertigo from motion
- **Theridion 10X** Seasickness

SINUS NASAL SPRAY

For acute and chronic rhinitis, sinusitis and hay fever, contains no animal products
1 OZ/30 ml Nasal Spray

Dosage: Spray in each nostrils several time daily according to symptoms

Ingredients:

- **Pulsatilla 2X** Coryza, loss of smell, yellow mucus, sinusitis
- **Euphorbium 4X** Nasal itching, rhinitis, sinusitis
- **Allium cepa 6X** Coryza, sneezing, hay fever
- **Histaminum 6X** Allergies
- **Luffa operculata 6X** Coryza, rhinitis, sinusitis
- **Sabadilla 6X** Coryza, hay fever, spasmodic sneezing
- **Hepar sulphuris calcareum 12X** Hay fever, sneezing

Be Well Homeopathics and Richard Clement Nutrition

11459 NW 34 street Doral Fl 33178 305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomo@cs.com

www.web-outpatients.com

STRESS DROPS

For anxiety, post-traumatic stress and emotional imbalance

2 OZ /60 ml

Dosage: 10 drops sub lingual three times daily or as needed

Ingredients:

- **Cimicifuga racemosa** 3X Nervous subjects, agitation, fear
- **Gelsemium** 3X Emotional excitement, stage fright, trembling, cramp and/or weakness of the limbs
- **Hypericum** 3X Anxiety, depression, post traumatic stress
- **Staphysagria** 3X Nervous affection with irritability, very sensitive at the opinion of others
- **Ignatia amara** 4X Nervousness, emotional imbalance
- **Kali bromatum** 6X Depression, fear
- **Kali phosphoricum** 6X Depression, anxiety, nervous and irritable
- **Moschus** 6X Anxiety with fast heartbeats
- **Lachesis mutus** 12X Jealousy, confusion
- **Pulsatilla** 12X High emotions, fear and shyness

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

1 1 4 5 9 N W 3 4 s t r e e t D o r a l F l 3 3 1 7 8 3 0 5 - 5 9 4 - 2 1 4 5

F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

bevellhomeo@cs.com

www.web-outpatients.com

NUTRITION



FORMULAS: NUTRITION

ARTHROCLEM

Supporting Healthy Joints
60 capsules per container.

Dosage: One capsule two to three times daily with meals.

The 8 **ingredients** have synergistic action and are well documented in the literature to support health joints. The amount of Glucosamine and Chondroitin has been carefully selected to reduce the risk of digestive discomfort without jeopardizing the effectiveness. Arthrocllem 8 is extremely well tolerated.

- **Glucosamine 300 mg –**
- **Chondroitine Sulfate 200 mg -**
- **MSM 200 mg -**
- **Chicken Collagen Type II 100 mg –**
- **Flaxseed 100 mg**
- **Bromelain 30 mg**
- **Boswellia 10 mg**
- **Curcumin 10 mg -**

CO Q10 RCN 60 MG

Antioxidant, Cellular ATP production

Dosage: One capsule two to three times daily with meals.

Ingredient:

Coenzyme Q10 (CoQ 10) or ubiquinone is essentially a vitamin or vitamin-like substance.

Be Well Homeopathics and Richard Clement Nutrition

11459 NW 34 street Doral Fl 33178 305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomeo@cs.com

www.web-outpatients.com

HEPATIKA V 5

Helps Maintain a Healthy Liver

90 Capsules

One before each meal with ½ glass of water

Ingredients:

- Milk Thistle (Std. Extract 80% silymarin) 150 mg
- Curcuma longa (Std. Extract 95% curcuminoids) 125 mg (Anti-inflammatory, hypocholesterolemic, seems to be a strong anti-cancer substance in many digestive cancer (colon, pancreas, liver) and a cancer preventative.
- Artichoke (Std. Extract cynarine) 125 mg (Kidney Drainage Antibacterial, Antifungal)
- Boldo (Std. Extract boldine) 100 mg (Vermifuge, Anti-oxidant, Anti-inflammatory, Anti-colitis)
- Alpha lipoic acid 50 mg (is Anti-poison and Hepato -protective, it decrease levels of toxicants in the brain and increase Glutathion levels)
-

HEPATIKA 8 VIP

(Same as V 5 but with L Taurine, Zinc, N Acetyl Cysteine and more alpha lipoic acid)

Helps Maintain a Healthy Liver

90 Capsules

One before each meal with ½ glass of water

Ingredients:

- Milk Thistle (Std. Extract 80% silymarin) 150 mg
- Taurine 150 mg
- Curcuma longa (Std. Extract 95% curcuminoids) 125 mg (Anti-inflammatory, hypocholesterolemic, seems to be a strong anti-cancer substance in many digestive cancer (colon, pancreas, liver) and a cancer preventative.
- Artichoke (Std. Extract cynarine) 125 mg (Kidney Drainage Antibacterial, Antifungal)
- Boldo (Std. Extract boldine) 100 mg (Vermifuge, Anti-oxidant, Anti-inflammatory, Anti-colitis)
- Alpha lipoic acid 100 mg (is Anti-poison and Hepato -protective, it decrease levels of toxicants in the brain and increase Glutathion levels)
- N Acetyl L Cysteine 80 mg
- Zinc 3 mg

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

1 1 4 5 9 N W 3 4 s t r e e t D o r a l F l 3 3 1 7 8 3 0 5 - 5 9 4 - 2 1 4 5

F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

[b e w e l l h o m e o @ c s . c o m](mailto:bewellhomeo@cs.com)

www.web-outpatients.com

MEGA 1000 (OMEGA 3)

100 softgels 60mg mercury free fish oils

Dosage: 1 to three softgel daily with water.

Ingredient:

Omega 3 60 mg

MINTY GREENS

304 Gr (10.72 oz) Phytonutrients Blend Minty Flavored Sugar Free.
High in Chlorophyll, contains Lutein and Pomegranate.

35 Calories per serving 38 servings per container

Dosage: 1 to three scoops daily with water or fruits

Ingredients

- **Super Greens: Spirulina, Alfalfa, Barley Grass and Chlorella**
- **Fibers: Apple and Oat Fiber**
- **Essential Fatty Acids: Lecithin (non GMO)**
- **Fruits and Vegetables: Mung Bean Sprouts, Acerola Berry, Red Beet, Grapeseed, Pomegranate seed, Carrot, Tomato, Spinach, Broccoli, Elderberry, Blueberry and much more...**

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

1 1 4 5 9 N W 3 4 s t r e e t D o r a l F l 3 3 1 7 8 3 0 5 - 5 9 4 - 2 1 4 5

F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

bevellhomeo@cs.com

www.web-outpatients.com

PROCOLOS VANILLA

Health benefits of Colostrum includes
 Improved digestive efficiency
 Stronger gut walls
 Increased nutrient uptake
 Support immunity and fight infection
 Improved recovery from auto-immune illness

A delicious blend of Whey Protein and Colostrum (Vanilla flavor)

304 Gr 20 Servings of 15 gr Protein (with 20% Colostrum) only 1 Gr of Sugar and 60 Calories per servings

Dosage: 1 to three scoops daily with water or fruits

Ingredients:

New Zealand Whey Protein from Hormone Free Cows (no BGH or BST)
Fresh colostrum Grade A US Dairies

PROCOLOS REDI BERRIES

Health benefits of Colostrum includes
 Improved digestive efficiency
 Stronger gut walls
 Increased nutrient uptake
 Support immunity and fight infection
 Improved recovery from auto-immune illness

A delicious blend of Whey Protein and Colostrum (Red fruits natural flavor)

304 Gr 20 Servings of 15 gr Protein (with 20% Colostrum) only 1 Gr of Sugar and 60 Calories per servings

Dosage: 1 to three scoops daily with water or fruits

Ingredients:

New Zealand Whey Protein from Hormone Free Cows (no BGH or BST)
Fresh colostrum Grade A US Dairies, Berries.

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

1 1 4 5 9 N W 3 4 s t r e e t D o r a l F l 3 3 1 7 8 3 0 5 - 5 9 4 - 2 1 4 5

F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

bevellhomeo@cs.com

www.web-outpatients.com

RESVERATROL

Antioxidant, Anticancer

120 mg of Resveratrol St.Ex 50% per capsules 120 capsules

Dosage: Cancer Prevention one a day , adjunct treatment in neoplastic conditions 3 to 6 a day

(based on existing published study with Resveratrol, individual results vary)

Ingredient:

Resveratrol Polygonum Extract 120 mg of Resveratrol St.Ex 50% per capsule

TRYPTO MAG B

60 Vegetarian Capsules

Dosage: One to two capsules at bed time for sleep regulation, one a day for depressed mood with anxiety

Ingredients:

- **L Tryptophan** 500 mg
- **Magnesium** 250 mg
- **Thiamin B1** 50 mg
- **Riboflavin Vit B2** 50mg
- **Vit B6** 50 mg
- **Folic Acid** 400 mcg
- **Vit B 12** 50 mcg
- **Panhotenic Acid** 50 mg

VITAMIN D

Supports bone health, immune wellness, cardiovascular function

120 Gel Caps 5000 IU

Dosage: 1 a day

Ingredient: Vitamine D3 (Cholecalciferol)

B e W e l l H o m e o p a t h i c s a n d R i c h a r d C l e m e n t N u t r i t i o n

1 1 4 5 9 N W 3 4 s t r e e t D o r a l F l 3 3 1 7 8 3 0 5 - 5 9 4 - 2 1 4 5

F a x 3 0 5 - 5 9 4 - 2 1 7 4

1 - 8 7 7 - 4 3 8 - 3 0 4 2

bevellhomeo@cs.com

www.web-outpatients.com

THE JOURNAL OF ALTERNATIVE AND COMPLEMENTARY MEDICINE
Volume 13, Number 4, 2007, pp. 403–407
© Mary Ann Liebert, Inc.
DOI: 10.1089/acm.2007.6292

Investigation of Cytokine Expression in Human Leukocyte Cultures with Two Immune-Modulatory Homeopathic Preparations

CHEPPAIL RAMACHANDRAN, Ph.D., M.B.A.,^{1,2} P.K. RAVEENDRAN NAIR, Ph.D.¹,
RICHARD T. CLÉMENT, M.D.,³ and STEVEN J. MELNICK, Ph.D., M.D.²

ABSTRACT

Background: The efficacy of homeopathic medicines for maintaining human health and treating disease has been extensively examined in clinical trials. However, there is a paucity of preclinical evaluations of the effects of homeopathic medicinal preparations on cellular signaling pathways relevant to the applications of these preparations.

Materials and methods: In this study, the immune-modulatory effects of **Phase 6** (for the stimulation of the nonspecific defense system) and **Flu Terminator**[®] (for influenza and viral diseases) (Be Well Homeopathics Inc. Miami, FL), two homeopathic preparations developed for the purpose, were evaluated in normal human leukocyte cultures *in vitro*.

Results: Both **Phase 6** and **Flu Terminator** stimulated the production of pro- and anti-inflammatory cytokines by human leukocytes, although higher doses often produced a weaker response than lower doses. The carrier solvent (20% ethanol) failed to elicit any cytokine synthesis.

Conclusions: The results of the *in vitro* studies suggested that ultralow concentrations of ingredients in **Phase 6** and **Flu Terminator** were capable of eliciting a human immune response.

Full text: www.fluterminator.com

Be Well Homeopathics and Richard Clement Nutrition
11459 NW 34 street Doral Fl 33178 305-594-2145
Fax 305-594-2174
1-877-438-3042
bewellhomeo@cs.com

Contents

Formulas: Homeopathy	6
Allergy drops	6
Arnica Plus drops	6
ArnicaWell Gel 50 gr and 300 gr	7
Atopia drops	7
Flu Terminator® drops and oral spray	8
Flu Terminator® Tablets	8
Hypertonia drops	9
Hyper spray	9
Libido Feminine drops	10
Libido Masculine drops	10
Lungs drops	11
Menopause drops	11
Phase 6 drops	12
Reduce drops	13
Sea-sik oral spray	14
Sinus nasal Spray	14
Stress drops	15

Be Well Homeopathics and Richard Clement Nutrition

11459 NW 34 street Doral Fl 33178 305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomeo@cs.com

Formulas: NUTRITION	16
ARTHROCLEM	16
CO Q10 RCN 60 mg	16
HEPATIKA V 5	17
HEPATIKA 8 VIP	17
MEGA 1000 (Omega 3).....	18
MINTY GREENS.....	18
PROCOLOS Vanilla	19
PROCOLOS Redi Berries.....	19
RESVERATROL	20
TRYPTO MAG B.....	20
VITAMIN D.....	20

Be Well Homeopathics and Richard Clement Nutrition

11459 NW 34 street Doral Fl 33178 305-594-2145

Fax 305-594-2174

1-877-438-3042

bewellhomeo@cs.com

www.web-outpatients.com

**Be Well Homeopathics and
Richard Clement Nutrition**
11459 NW 34 street Doral Fl 33178

305-594-2145
Fax 305-594-2174
1-877-438-3042
bewellhomeo@cs.com
www.web-outpatients.com
www.fluterator.com

Be Well Homeopathics and Richard Clement Nutrition
11459 NW 34 street Doral Fl 33178 305-594-2145
Fax 305-594-2174
1-877-438-3042
bewellhomeo@cs.com